

Little Lamp Christian Counseling LLC

ESA DOCUMENTATION POLICY

ESA documentation is not automatically provided. Requests for ESA-related documentation require a clinical evaluation to determine whether an Emotional Support Animal is clinically appropriate as part of a client's treatment plan.

If an ESA recommendation is clinically indicated, appropriate documentation may be provided in accordance with applicable laws and professional ethical guidelines. Not all clients will qualify for ESA documentation.

Emotional Support Animal (ESA) Information

An Emotional Support Animal (ESA) is a companion animal that provides emotional comfort or support that may help alleviate symptoms of a mental or emotional disability. ESA's provide companionship and may help reduce feelings of anxiety, depression, loneliness, or distress. Unlike service animals, ESA's are not trained to perform specific tasks.

Under the U.S. Department of Housing and Urban Development (HUD) guidelines, individuals with qualifying mental health conditions may request reasonable accommodation for an ESA in housing settings, even in properties with "no pets" policies. Landlords may not charge pet fees or deposits for approved ESA's, though documentation requirements may vary.

It is important to understand that Emotional Support Animals are not the same as service animals and do not have public access rights.